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## Mrs Julie Baud Acting Principal

Last Friday's celebrations of the Foundation Students' 100 Days of School were wonderful! The students certainly looked old, as did their teachers, Ms Kibar and Mr Frederick. We saw plenty of walking sticks and walking frames, rollers in hair, grey wigs, old man suits and jackets. There were lots of laughs as the students were introduced one by one during the Assembly. A big thank you to the parents, grandparents and friends who attended the event to provide support and join in the fun.

The past week has also been busy with students participating in a range of activities including a GALWAY Schools Leadership Seminar, the Year 7 Humanities excursion to the Museum, a Chinese excursion and a Chinese competition on Friday night, the Australian Mathematics Competition, Years 3-6 Swimming lessons, the after school Enrichment Programs, Robotics Club and the final round of Galway Debating.

The level of involvement in these activities has been impressive and reflects important aspects of our Student Centred Vision:

- Take Risks
- Question and Explore
- Be a Leader
- Be Creative and a Problem Solver
- Listen and Respect

We cannot underestimate the value these activities add to an education program. Their inclusion is important and is one of the things that sets us apart from other schools. Thank you to the staff whose dedication and expertise ensure our students are so fortunate to have these opportunities.



## Deputy Principal's Address

**Ms Louisa Rennie**

**Deputy Principal  
Head of Senior School (10-12)**



**1. Ask**



**2. Listen**



**3. Encourage  
action**



**4. Check in**

### R U OK DAY: A CONVERSATION COULD CHANGE A LIFE

Suicide prevention is a complex and sensitive challenge for all of us. It is theorised that there are often three common elements that impact someone at risk:

- The person thinks they're a burden.
- They can withstand a high degree of pain.
- They don't feel connected to others.

A lack of connection is a genuine issue for many young people, and this can have a lasting impact as they grow and develop into adulthood. By taking the time to ask "Are you OK?" and listen, we can help people struggling with life to feel connected long before they even think about suicide. It all comes down to regular, face-to-face, meaningful conversations about life.

Asking "Are you OK?" is a great place to start.

By starting a conversation and commenting on the changes we may have noticed in someone's actions or behaviour, we may be able to help that family member, friend or student to open up.

Various activities will be held in the Junior School, Middle School and Senior School next Friday 9 August to acknowledge R U OK Day, and weather permitting, we will come together at the end of the day for a shared assembly.

### WHOLE SCHOOL TERM 3 STUDENT PROGRESS INTERVIEWS

As a school, we look forward to meeting with parents and students in Week 5 for our Student Progress Interviews.

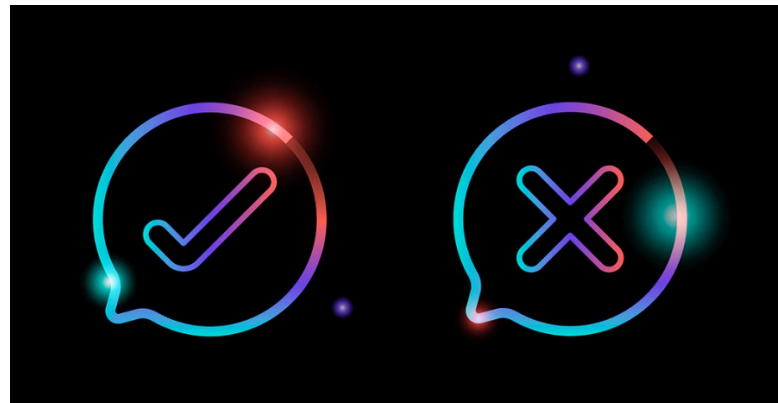
We look forward to meeting with you to discuss your child's progress.

Students are encouraged to attend interviews with their parents. Students attending the Interviews must be in full school uniform. Dismissal time for students on Monday 12 August is per the usual times, 3:05pm in the Middle School (MS) and Senior School (SS) and 3:10pm in the Junior School (JS).

Wednesday 14 August is a non-teaching day for Foundation-Year 11. All Unit 3/4 classes will continue as per the Daily Schedule on Wednesday 14 August.

Interviews will be conducted in the JS, MS and SS buildings from 3:30pm-8:30pm on Monday 12 August and from 8:30am-8:00pm on Wednesday 14 August.

Parents and students from Foundation-Year 6 will have their Interview with Homeroom teachers while Parents and students from Years 7-12 will have their Interview with their Subject teachers.



## Parent Satisfaction Survey

As part of our continuous improvement process, Southern Cross Grammar is once again participating in the Independent Schools Victoria LEAD Survey.

We encourage families to participate in this online survey. The information provided will enable us to better understand our parents' perceptions regarding the quality of their child's educational experiences and by doing so, assist the School to improve the quantity of our performance and services.

Families will receive an email next week containing a link to the survey which remains open until Friday 30 August.

All staff as well as students in Year 5-12 will also be given the opportunity to undertake their own satisfaction survey conducted as part of the LEAD Survey program. Students participating in the survey will do so during normal school hours. Families at these year levels will receive further information regarding this survey prior to students participating.



## Parents and Friends Association

### HOUSE COLOUR T-SHIRTS

Pre-ordered t-shirts for Years Foundation-Year 4 have now been delivered. If your child(ren) are in Years 5-12, they can collect their t-shirt at Junior School Reception. Please note that students' t-shirts have been allocated to them and labelled for collection.

### JUNIOR SCHOOL DISCO

The PFA F-4 Disco is coming soon on Friday 23 August. To coincide with our chosen charity, Foodbank, we are asking our JS Disco dancers to wear something purple. During the event, a JS class will win the Ultimate VIP experience in 2019. To give your class the chance to win the Ultimate VIP experience, collect food donations for Foodbank. Donations can be brought to school Monday 29 July – Friday 2 August in your classroom. Help out, be awesome and make a difference to our community. **Book your child's Disco tickets here.** Please note that this is a student-only event.

### FATHERS' DAY STALL

Join us to celebrate Fathers' Day with a special stall on Friday 30 August. A great variety of gifts will be available for students to purchase for their dads and special friends. We urgently need volunteers to assist with setting up the stalls on Thursday 29 August and managing the stalls during the events. If you wish to volunteer for the Fathers' Day Stall, please contact [pfa@scg.vic.edu.au](mailto:pfa@scg.vic.edu.au) to register your interest. Please note that you must have a valid Working with Children's Check registered with Reception.

## What's on Next Week

### Friday 2 August

Alumni Association Class of 2018 Reunion\*\*

### Saturday 3 August

Science Talent Search – Photography Competition\*\*

### Wednesday 7 August

Year 5-6 Animation Artist in Residence  
Year 9 Metacognition Inursion at 10:05am  
Year 8 and Year 9 Subject Information Night at 6:00pm

### Thursday 8 August

CSPSSA Athletics\*\*  
Year 7 Outdoor Education Stony Hill Creek excursion\*\*

### Friday 9 August

R U Ok? Day SCG celebrations

\*\* Offsite Event



SOUTHERN CROSS  
GRAMMAR

# THE SOUTHERN STAR

Thursday 1 August 2019 - Edition 308

Principal: Mr Andrew Ponsford

## Junior School News



**Ms Romina Pimpini**  
Head of Junior School (F-4)

While it seems I have spent forever at school, last Friday we got to reflect on the milestone of just what can be achieved in 100 Days of School with our youngest learners in Foundation.

### 100 DAYS MILESTONE FOR OUR FOUNDATION STUDENTS

This week we celebrated 100 Days of School for Students in FJF and FSK, commencing with an Assembly where we had a packed-house of parents, carers and family members.

Wardrobes were raided and hair was sprayed,  
Shawls were adorned and walking frames made.  
Mums and Dads helped put together an 'old look',  
Ideas from Pinterest, an email or a book.

Being 100 we know is an absolute feat,  
Spending these days at school has been a real treat.  
Teachers, students and parents alike  
Shared in Assembly with a roving mic!

Following our assembly students enjoyed  
Activities about 100, with stories & toys.  
They shared their goals, their hopes & their dreams,  
For their life until they are 100 ~ an eternity it seems.

So now...  
Routines are set and students they know,  
There are only about 2,400 days of schooling to go!

A big thanks to Mrs Kibar and Mr Frederick for all their planning and preparation in making this day a memorable one – and to all the parents and carers who helped our youngest SCG community members have such fun!



16 August is set to be filled with colour and culture.  
You are invited to our Assembly at 8:45am to kick-start the day.



## Middle School News

### Mr David Wildsmith Head of Middle School (5-8)

Week three has been a big week in Middle School (MS) with the election of our new Class Captains for the Semester. Congratulations to the following students:

- 5.1 – Aarush Khurana
- 5.2 – Michaela Arcuri
- 6.1 – Mackenzie Morgan Leheny
- 6.2 – Olivia Skrekovski
- 7.1 – Nivethan Nakuladeva
- 7.2 – Mike Natnael
- 7.3 – Frances Mateo
- 8.1 – Arya Banerjee
- 8.2 – Samuel Rainbow
- 8.3 – Ananya Rajaraman
- 9.1 – Brandon Dimkovski
- 9.2 – Olivia Alexander
- 9.3 – Matthew Fleming

We look forward to the leadership and the contribution they make to the MS this Semester. As part of their official role, they will attend regular Student Representative Council (SRC) meetings and will have the chance to voice their school peers' thoughts and concerns.

I want to take this moment to give a big thank you to Semester 1's Class Captains. They did a superb job in their role last Semester, and I am proud of their achievement and professionalism in their role.

### METACOGNITION

The Year 9s had the first session of their Cognizance Project on Metacognition last week with Dr Jared Cooney Horvath. It was an interesting session, with many surprised by what they learned. The parent information night also produced the same result, with some parents appreciating the complexities of the teenage brain! A big thanks to all who made an effort to attend.

Here is what some of our Year 9s had to say about the first session with Dr Cooney:

- I liked his attitude and he was really positive. He taught me a different perspective or outlook on things! – Abby
- It was great to get a perspective on how our brains work – Pallavi
- I felt a good connection with him and with what he was saying. It was like science, but more fun – Aditi
- It was an amazing session: life isn't as it seems! – Jacob
- It was really interesting. I learned a lot and it was mind-blowing! I'm looking forward to the next session! – Blake
- It was a surprising session: the sky is not blue! – Matt

### CORPORAL KIANI ULLOA – ARMY CADET

Since 2017, Kiani has been attending the Sunshine Army Cadet Unit.

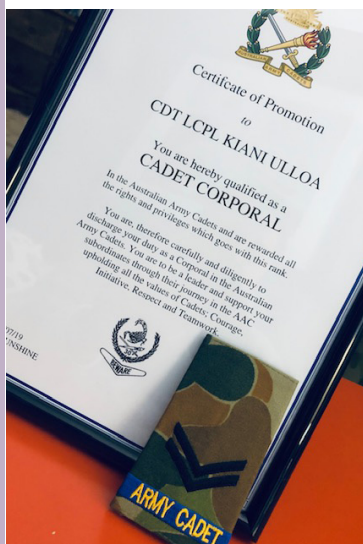
Every Monday night from 6:30pm–9:30pm, Kiani partakes in the Unit's opening parade before attending three different modules, which include topics like first aid, radio comms, drill, or team building.

In the last week of Term 2, Kiani went on a leadership course at the Defence Force's base in Puckapunyal. The course consisted of lessons for the first

half of the week, which involved preparing Army Cadets for assessments on giving orders, making an observation post, leading a team and teaching a lesson.

Kiani passed all her assessments with top marks and has since been promoted from Lance Corporal to a Full Corporal.

Big congratulations to Kiani!





## THE 10TH "GLOBAL VILLAGE" CHILDREN & YOUTHS BILINGUAL SPEECH COMPETITION

Last Friday on 26 July, three of our MS Students, Prapti Dutta (Year 7), Arya Banerjee (Year 8) and Aarushi Tripathi (Year 7) participated the pre-final round of the 10th "Global Village" Children & Youths Bilingual Speech Competition. There, they gave speeches confidently with the theme of China in My Eyes.

The Competition aims to promote Chinese and English study by creating a platform for young students across the world to communicate with each other and learn from one another in both Chinese and English. This has facilitated deeper learning and understanding of cultures among participants. The annual Competition is held in countries including China, Singapore, Australia, the United States, Denmark and others.

Prapti entered the final round successfully. She worked with her Chinese partner Dorris Jiayao Cheng, from Suzhou China, and delivered a bilingual speech Dorris speaking English and Prapti speaking Chinese.

By working together, Prapti and Dorris fluently showcased their second language ability and understanding of each other's culture and won the third prize.

## NGV TERRACOTTA WARRIORS AND CHINESE YUM CHA EXPERIENCE (YEAR 8 -11 CHINESE EXCURSION)

On Monday 29 July, Year 8-11 Chinese Students visited the National Gallery of Victoria (NGV) to explore China's ancient world and its early civilisations through simple Mandarin language activities and the viewing of the Terracotta Warriors exhibition, created by contemporary Chinese artist, Cai Guo-Qiang.

Students also explored the Chinese Yum Cha culture and enjoyed lunch in an authentic Chinese Yum Cha restaurant located in China Town. Here's what they had to say about it:

We feel very lucky to have gone on the Chinese excursion to the Nation Gallery of Victoria (NGV). The experience was fascinating and we learnt a lot. We also got a chance to use Chinese in the real world and collaborated with the other Chinese students from different year levels.

Whilst visiting the NGV, we learnt about the backstory of the Terracotta Warriors and how contemporary artist, Cai Guo-Qiang, makes his artworks using gunpowder. During our visit to a Chinese Yum Cha restaurant in Chinatown, we put our knowledge of the Chinese language to the test as we ordered our own food in Chinese.

The highlights of the excursion were seeing the Terracotta Warriors up close and learning the history behind the famous figures, as well as exploring Chinatown.

*Sophie Salomon-Best and Thomas Pham (Year 8)*

We arrived at the National Gallery of Victoria ready for our tours of the new exhibition of the Terracotta Warriors alongside the work of Cai Guo-Qiang. We first had a brief lecture of the remarkable artefacts of the exhibition as well as the history of the Qin dynasty.

The lecture also covered Cai Guo-Qiang's work. He used gunpowder, porcelain, silk and paper to create large artworks that reflected his heritage. After the insightful lecture, we gathered in groups and wandered through the exhibition. We saw restored Terracotta warriors and other significant artefacts such as coins and statues. Guo-Qiang's work was both elegant and ubiquitous.

We then headed to a Yum Cha restaurant where we all tried new foods and flavours. To finish off the day, we roamed the streets of Chinatown for treats and souvenirs. The excursion was a much-welcomed day out that we all enjoyed.

*Victoria Skrekovski (Year 9)*





## Senior School News

### MS Louisa Rennie Head of Senior School (10-12)

Picture this: A group of 30 young leaders come together to collectively empower an environmental change. Sounds incredible, right? Well this fantasy became a reality, with Southern Cross Grammar hosting its first ever Galway Association Senior School Student Leader Forum.

On 31 July 2019, 30 Student Leaders from across four different schools including Aitken College, Hume Grammar and Sacred Heart College culminated at the School to discuss how students can use their influence to impact the environment in a positive way.

After introducing themselves and completing some icebreaker activities, students led dialogue to share and learn from one another about student leadership practices in their various schools and proactive strategies to grow student agency and leadership opportunities.

Students discussed the leadership of change and how they could channel our influence into a realistic solution for an environmental issue in their community. After a consensus was achieved, with all students in agreement of a pragmatic solution to a problem, they then presented an action plan via a panel discussion which offered to their School Principals, Deputies and Senior Leaders who joined them for an evening meal.

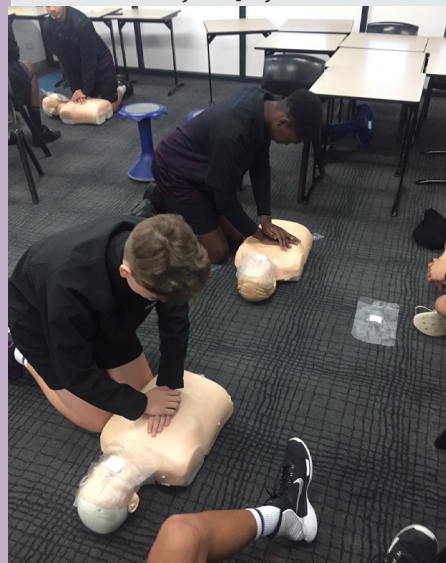
All Student Leaders look forward to sharing their action plan with the school community in more detail soon.

“As young leaders, it is our responsibility to shape the future that we want to live in. Furthermore, it is our duty to pave the way for generations to come. With something as detrimental as environmental degradation, we have the authority to change the future for the better, and this Student Leader Forum was just one step toward achieving change. The forum allowed us to not only make a change, but to set an example of change for leaders to come.”

*Callum Weir, Year 10 Captain*



### UNIT 1 & 2 SPORT & RECREATION – LEVEL 1 FIRST AID



On Monday 29 July, the Unit 1 and 2 Sport and Recreation completed their Level 1 First Aid Certificate as part of their course studies. The day-long course was conducted by the registered provider of the VET VCE course, iVet, and students showed great knowledge and understanding of how to implement basic first aid.

Completing First Aid training and receiving a Certificate allows students to further their employment options outside of school as the

Certificate carries great weight in the sport and recreation fields.

Congratulations to all students on passing the course and being so dedicated to gaining competency in the course.



## Careers News

### SUBJECT SELECTION

VCE subject selection interviews have been underway since the beginning of Term 3. This is a significant part of a student's journey as they prepare for their future career path. Students are encouraged to think carefully about these choices, seek advice from their relevant teachers and complete their own research into what subjects are most appropriate for them. Victorian Certificate of Education (VCE) subject selection forms are due in on Friday the 2 August to Ms Macreadie. Year 9 families will be notified soon regarding the timing of their interviews.

### CAREER RESEARCH – WIRL

All Senior School (SS) Students have access to a great new tool called WIRL Career. The site is a great tool for students to research different jobs and industries, providing information relating to what a job actually entails, industry information and various pathways available to reach this occupation. Students can create their own profile and save anything interesting to them. Access to this site, as well as instructions to set up an account, have been emailed to all Senior School students and posted to the Careers page on School Box.

### VICTORIAN TERTIARY ADMISSIONS CENTRE UPDATE (VTAC) – DATES AND FEES

The time to create and lodge an application for further study through VTAC is approaching for our Year 12 students. Applications open on 5 August and timely applications close on 30 September. Late applications can be made past this date, however, there is a significant cost associated. A list of all key dates and associated fees can be accessed on the [VTAC website here](#). Students will have the opportunity to sit with Ms Macreadie to assist in the completing of their application.

### WORK EXPERIENCE UPDATE

Another reminder that work experience is to be undertaken by all Year 10 and 11 students from 18-22 November. Students are reminded that the onus is on them to organise their own placement in an industry they are considering as a career, to ensure maximum benefit and enjoyment. If there are any families able to support students in finding work experience placement opportunities we would love to hear from you, so [please contact Ms Judith Gowdy](#).

### UPCOMING OPEN DAYS

A complete list of open days has been published on the Careers page on School Box, students are encouraged to check this regularly for updates. Some of the upcoming ones are listed here:

William Angliss Institute | Melbourne Open Day 2019 | 3 August 2019 10:00am-2:00pm

Monash University | Open Day, Peninsula Campus | 3 August 2019 10:00am-3:00pm

Australian Institute of Music | Open Day, Melbourne | 3 August 2019 10:00am-3:00pm

Monash University | Open Day, Clayton Campus | 4 August 2019 10:00am-4:00pm

La Trobe University | Melbourne (Bundoora) Open Day | 4 August 2019 10:00am

RMIT | City & Brunswick Open Day | 11 August 2019 10:00am

Australian Catholic University Melbourne | Open Day | 11 August 2019 10:00am

Monash University | Business Open House | 11 August 2019 11:00am

Deakin University | Open Day, Waurin Ponds | 18 August 2019 12:00am-12:00am

Deakin University | Open Day, Geelong Waterfront | 18 August 2019 12:00am-12:00am

Victoria University | Open Day, Footscray Park | 18 August 2019 10:00am-3:00pm

University of Melbourne | Open Day 2019 | 18 August 2019 10:00am-4:00pm

Monash University | Open Day, Parkville Campus | 18 August 2019 10:00am-3:00pm

Melbourne Polytechnic | Open Day 2019 | 18 August 2019 10:00am-3:00pm